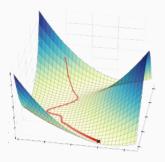
# CS-GY 6763: LECTURE 6 GRADIENT DESCENT AND PROJECTED GRADIENT DESCENT

NYU Tandon School of Engineering, Prof. Rajesh Jayaram

## **GRADIENT DESCENT**

**Gradient descent:** A greedy algorithm for minimizing functions of multiple variables that often works amazingly well.



(and sometimes we can prove it works)

## **GRADIENT DESCENT ANALYSIS**

#### **Assume:**

- f is convex.
- Lipschitz function: for all  $\mathbf{x}$ ,  $\|\nabla f(\mathbf{x})\|_2 \leq G$ .
- Starting radius:  $\|\mathbf{x}^* \mathbf{x}^{(0)}\|_2 \leq R$ .

#### **Gradient descent:**

- Choose number of steps T.
- Starting point  $\mathbf{x}^{(0)}$ . E.g.  $\mathbf{x}^{(0)} = \vec{0}$ .
- $\eta = \frac{R}{G\sqrt{T}}$
- For i = 0, ..., T:
  - $\mathbf{x}^{(i+1)} = \mathbf{x}^{(i)} \eta \nabla f(\mathbf{x}^{(i)})$
- Return  $\hat{\mathbf{x}} = \arg\min_{\mathbf{x}^{(i)}} f(\mathbf{x}^{(i)})$ .

#### **GRADIENT DESCENT ANALYSIS**

# Theorem (GD Convergence Bound)

If we run gradient descent for at least  $T \geq \frac{R^2G^2}{\epsilon^2}$  iterations, with step size  $\eta = \frac{R}{G\sqrt{T}}$ , then

$$f(\hat{\mathbf{x}}) \le f(\mathbf{x}^*) + \epsilon$$

## **BEYOND THE BASIC BOUND**

Can our convergence bound be tightened for certain functions? Can it guide us towards faster algorithms?

#### Goals:

- Improve  $\epsilon$  dependence below  $1/\epsilon^2$ .
  - Ideally  $1/\epsilon$  or  $\log(1/\epsilon)$ .
- Reduce or eliminate dependence on G and R.

## **SMOOTHNESS**

# **Definition** ( $\beta$ -smoothness)

A function f is  $\beta$  smooth if, for all  $\mathbf{x}$ ,  $\mathbf{y}$ 

$$\|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\|_2 \le \frac{\beta}{\beta} \|\mathbf{x} - \mathbf{y}\|_2$$

After some calculus (see Lem. 3.4 in **Bubeck's book**), this implies:  $[f(\mathbf{y}) - f(\mathbf{x})] - \nabla f(\mathbf{x})^T (\mathbf{y} - \mathbf{x}) \leq \frac{\beta}{2} \|\mathbf{x} - \mathbf{y}\|_2^2$ 

For a scalar valued function f, equivalent to  $f''(x) \leq \beta$ .

## **CONVERGENCE GUARANTEE**

# Theorem (GD convergence for $\beta$ -smooth functions.)

Let f be a  $\frac{\beta}{\beta}$  smooth convex function and assume we have  $\|\mathbf{x}^* - \mathbf{x}^{(1)}\|_2 \leq R$ . If we run GD for T steps with  $\eta = \frac{1}{\beta}$  we have:

$$f(\mathbf{x}^{(T)}) - f(\mathbf{x}^*) \le \frac{2\beta R^2}{T}$$

**Corollary**: If  $T = O\left(\frac{\beta R^2}{\epsilon}\right)$  we have  $f(\mathbf{x}^{(T)}) - f(\mathbf{x}^*) \leq \epsilon$ .

Complete proof in Theorem 3.5 of Bubeck's book

# STRONG CONVEXITY

# **Definition** ( $\alpha$ -strongly convex)

A convex function f is  $\alpha$ -strongly convex if, for all  $\mathbf{x}$ ,  $\mathbf{y}$ 

$$[f(\mathbf{y}) - f(\mathbf{x})] - \nabla f(\mathbf{x})^T (\mathbf{y} - \mathbf{x}) \ge \frac{\alpha}{2} ||\mathbf{x} - \mathbf{y}||_2^2$$

 $\alpha$  is a parameter that will depend on our function.

For a twice-differentiable scalar valued function f, equivalent to  $f''(x) \ge \alpha$ .

## **CONVERGENCE GUARANTEE**

# Theorem (GD convergence for $\alpha$ -strongly convex functions.)

Let f be an  $\alpha$ -strongly convex function and assume we have that, for all  $\mathbf{x}$ ,  $\|\nabla f(\mathbf{x})\|_2 \leq G$ . If we run GD for T steps (with adaptive step sizes) we have:

$$f(\hat{\mathbf{x}}) - f(\mathbf{x}^*) \le \frac{2G^2}{\alpha(T-1)}$$

**Corollary**: If 
$$T = O\left(\frac{G^2}{\alpha \epsilon}\right)$$
 we have  $f(\hat{\mathbf{x}}) - f(\mathbf{x}^*) \le \epsilon$ 

#### SMOOTH AND STRONGLY CONVEX

# Theorem (GD for $\beta$ -smooth, $\alpha$ -strongly convex.)

Let f be a  $\beta$ -smooth and  $\alpha$ -strongly convex function. If we run GD for  $T = O\left(\frac{\beta}{\alpha}\log(\frac{R\beta}{\epsilon})\right)$  steps (with step size  $\eta = \frac{1}{\beta}$ ) we have:

$$f(\mathbf{x}^{(T)}) - f(\mathbf{x}^*) \le \epsilon$$

 $\kappa = \frac{\beta}{\alpha}$  is called the "condition number" of f.

Is it better if  $\kappa$  is large or small?

#### THE LINEAR ALGEBRA OF CONDITIONING

Let f be a twice differentiable function from  $\mathbb{R}^d \to \mathbb{R}$ . Let the Hessian  $\mathbf{H} = \nabla^2 f(\mathbf{x})$  contain all of its second derivatives at a point  $\mathbf{x}$ . So  $\mathbf{H} \in \mathbb{R}^{d \times d}$ . We have:

$$\mathbf{H}_{i,j} = \left[ \nabla^2 f(\mathbf{x}) \right]_{i,j} = \frac{\partial^2 f}{\partial x_i x_j}.$$

For vector  $\mathbf{x}, \mathbf{v}$ :

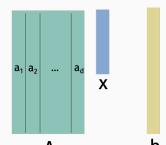
$$\nabla f(\mathbf{x} + t\mathbf{v}) \approx \nabla f(\mathbf{x}) + t \left[ \nabla^2 f(\mathbf{x}) \right] \mathbf{v}.$$

#### THE LINEAR ALGEBRA OF CONDITIONING

Let f be a twice differentiable function from  $\mathbb{R}^d \to \mathbb{R}$ . Let the Hessian  $\mathbf{H} = \nabla^2 f(\mathbf{x})$  contain all of its second derivatives at a point  $\mathbf{x}$ . So  $\mathbf{H} \in \mathbb{R}^{d \times d}$ . We have:

$$\mathbf{H}_{i,j} = \left[ \nabla^2 f(\mathbf{x}) \right]_{i,j} = \frac{\partial^2 f}{\partial x_i x_j}.$$

**Example:** Let  $f(\mathbf{x}) = \|\mathbf{A}\mathbf{x} - \mathbf{b}\|_2^2$ . Recall that  $\nabla f(\mathbf{x}) = 2\mathbf{A}^T(\mathbf{A}\mathbf{x} - \mathbf{b})$ .



## **HESSIAN MATRICES AND POSITIVE SEMIDEFINITENESS**

**Claim:** If f is twice differentiable, then it is convex if and only if the matrix  $\mathbf{H} = \nabla^2 f(\mathbf{x})$  is positive semidefinite for all  $\mathbf{x}$ .

# Definition (Positive Semidefinite (PSD))

A square, symmetric matrix  $\mathbf{H} \in \mathbb{R}^{d \times d}$  is positive semidefinite (PSD) for any vector  $\mathbf{y} \in \mathbb{R}^d$ ,  $\mathbf{y}^T \mathbf{H} \mathbf{y} \geq 0$ .

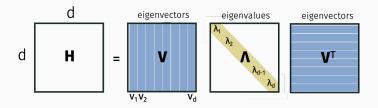
This is a natural notion of "positivity" for symmetric matrices. To denote that **H** is PSD we will typically use "Loewner order" notation (\succeq in LaTex):

$$\mathbf{H} \succeq 0$$
.

We write  $\mathbf{B} \succeq \mathbf{A}$  or equivalently  $\mathbf{A} \preceq \mathbf{B}$  to denote that  $(\mathbf{B} - \mathbf{A})$  is positive semidefinite. This gives a <u>partial ordering</u> on matrices.

## **EIGENDECOMPOSITION VIEW**

Any symmetric matrix  ${\bf H}$  has an <u>orthogonal</u>, real valued eigendecomposition.



Here V is square and orthogonal, so  $V^TV = VV^T = I$ . And for each  $v_i$ , we have:

$$\mathbf{H}\mathbf{v}_i = \lambda_i \mathbf{v}_i$$
.

By definition, that's what makes  $\mathbf{v}_1, \dots, \mathbf{v}_d$  eigenvectors.

## **FACTS ABOUT PSD MATRICES**

#### **Theorem**

Let  $\mathbf{H} \in \mathbb{R}^{n \times n}$  be a symmetric matrix. Then  $\mathbf{H}$  is PSD if and only if  $\lambda_i(\mathbf{H}) \geq 0$  for all its eigenvalues  $\lambda_i(\mathbf{H})$  with i = 1, 2, ..., n.

## **FACTS ABOUT PSD MATRICES**

#### **Theorem**

Let  $\mathbf{H} \in \mathbb{R}^{n \times n}$  be a symmetric matrix. Then  $\mathbf{H}$  is PSD if and only if  $\mathbf{H} = \mathbf{V}^T \mathbf{V}$  for some matrix  $\mathbf{V} \in \mathbb{R}^{n \times n}$ .

## **HESSIAN MATRICES AND POSITIVE SEMIDEFINITENESS**

**Claim:** If f is twice differentiable, then it is convex if and only if the matrix  $\mathbf{H} = \nabla^2 f(\mathbf{x})$  is positive semidefinite for all  $\mathbf{x}$ .

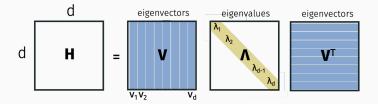
# Definition (Positive Semidefinite (PSD))

A square, symmetric matrix  $\mathbf{H} \in \mathbb{R}^{d \times d}$  is positive semidefinite (PSD) for any vector  $\mathbf{y} \in \mathbb{R}^d$ ,  $\mathbf{y}^T \mathbf{H} \mathbf{y} \geq 0$ .

For the least squares regression loss function:  $f(\mathbf{x}) = \|\mathbf{A}\mathbf{x} - \mathbf{b}\|_2^2$ ,  $\mathbf{H} = \nabla^2 f(\mathbf{x}) = 2\mathbf{A}^T \mathbf{A}$  for all  $\mathbf{x}$ . Is  $\mathbf{H}$  PSD?

## **EIGENDECOMPOSITION VIEW**

Recall 
$$\mathbf{V}\mathbf{V}^T = \mathbf{V}^T\mathbf{V} = \mathbf{I}$$
.



Claim:  $\alpha \mathbf{I} \leq \mathbf{H} \leq \beta \mathbf{I} \Leftrightarrow \alpha \leq \lambda_1, ..., \lambda_d \leq \beta$ .

#### THE LINEAR ALGEBRA OF CONDITIONING

If f is  $\beta$ -smooth and  $\alpha$ -strongly convex then at any point  ${\bf x}$ ,  ${\bf H}=\nabla^2 f({\bf x})$  satisfies:

$$\alpha \mathbf{I}_{d \times d} \leq \mathbf{H} \leq \beta \mathbf{I}_{d \times d}$$

where  $\mathbf{I}_{d\times d}$  is a  $d\times d$  identity matrix.

This is the natural matrix generalization of the statement for scalar valued functions:

$$\alpha \leq f''(x) \leq \beta$$
.

# SMOOTH AND STRONGLY CONVEX HESSIAN

$$\alpha \mathbf{I}_{d \times d} \leq \mathbf{H} \leq \beta \mathbf{I}_{d \times d}$$
.

Equivalently for any z,

$$\alpha \|\mathbf{z}\|_2^2 \leq \mathbf{z}^T \mathbf{H} \mathbf{z} \leq \beta \|\mathbf{z}\|_2^2.$$

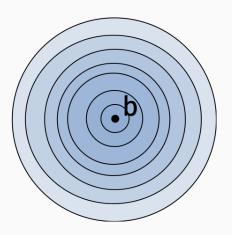
## SIMPLE EXAMPLE

Let  $f(\mathbf{x}) = \|\mathbf{D}\mathbf{x} - \mathbf{b}\|_2^2$  where  $\mathbf{D}$  is a diagonal matrix. For now imagine we're in two dimensions:  $\mathbf{x} = \begin{bmatrix} x_1 \\ x_2 \end{bmatrix}$ ,  $\mathbf{D} = \begin{bmatrix} d_1 & 0 \\ 0 & d_2 \end{bmatrix}$ .

What are  $\alpha, \beta$  for this problem?

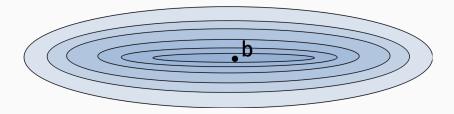
$$\|\mathbf{z}\|_{2}^{2} \leq \mathbf{z}^{T}\mathbf{H}\mathbf{z} \leq \beta \|\mathbf{z}\|_{2}^{2}$$

# **GEOMETRIC VIEW**



Level sets of  $\|\mathbf{D}\mathbf{x} - \mathbf{b}\|_2^2$  when  $d_1^2 = 1, d_2^2 = 1$ .

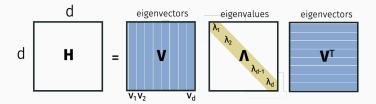
# **GEOMETRIC VIEW**



Level sets of  $\|\mathbf{D}\mathbf{x} - \mathbf{b}\|_2^2$  when  $d_1^2 = \frac{1}{3}, d_2^2 = 2$ .

## **EIGENDECOMPOSITION VIEW**

Recall 
$$\mathbf{V}\mathbf{V}^T = \mathbf{V}^T\mathbf{V} = \mathbf{I}$$
.



In other words, if we let  $\lambda_{max}(\mathbf{H})$  and  $\lambda_{min}(\mathbf{H})$  be the smallest and largest eigenvalues of  $\mathbf{H}$ , then for all  $\mathbf{z}$  we have:

$$\mathbf{z}^T \mathbf{H} \mathbf{z} \leq \lambda_{\max}(\mathbf{H}) \cdot \|\mathbf{z}\|^2$$
  
 $\mathbf{z}^T \mathbf{H} \mathbf{z} \geq \lambda_{\min}(\mathbf{H}) \cdot \|\mathbf{z}\|^2$ 

#### **EIGENDECOMPOSITION VIEW**

If the maximum eigenvalue of  $\mathbf{H} = \nabla^2 f(\mathbf{x}) = \beta$  and the minimum eigenvalue of  $\mathbf{H} = \nabla^2 f(\mathbf{x}) = \alpha$  then  $f(\mathbf{x})$  is  $\beta$ -smooth and  $\alpha$ -strongly convex.

$$\lambda_{\mathsf{max}}(\mathbf{H}) = \beta$$
 $\lambda_{\mathsf{min}}(\mathbf{H}) = \alpha$ 

# PRECONDITIONING FOR LEAST-SQUARES REGRESSION

# Theorem (GD for $\beta$ -smooth, $\alpha$ -strongly convex.)

Let  $f(\mathbf{x}) = \|\mathbf{A}\mathbf{x} - \mathbf{b}\|_2^2$ , where  $\alpha \mathbf{I} \leq 2\mathbf{A}\mathbf{A}^T \leq \beta \mathbf{I}$ . Then f is  $\beta$ -smooth and  $\alpha$ -strongly , and if we run GD for  $T = O\left(\frac{\beta}{\alpha}\log(\frac{R\beta}{\epsilon})\right)$  steps (with step size  $\eta = \frac{1}{\beta}$ ) we have:

$$f(\mathbf{x}^{(T)}) - f(\mathbf{x}^*) \le \epsilon$$

# PRECONDITIONING FOR LEAST-SQUARES REGRESSION

Given  $\mathbf{A} \in \mathbb{R}^{n \times d}$ , let  $\mathbf{V} \in \mathbb{R}^{n \times d}$  be any matrix with the same *column span* as  $\mathbf{A}$ . Then

$$\min_{x} \|\mathbf{A}x - b\|_2 = \min_{x} \|\mathbf{V}x - b\|_2$$

## SINGULAR VALUE DECOMPOSITION

Quick reminder of the SVD:

# Theorem (SVD)

Let  $\mathbf{A} \in \mathbb{R}^{n \times d}$  be a rank  $r \leq \min\{n, d\}$  matrix. Then  $\mathbf{A}$  can be decomposed into  $\mathbf{A} = \mathbf{U} \mathbf{\Sigma} \mathbf{V}^T$ , where the columns of  $\mathbf{U} \in \mathbb{R}^{n \times r}$  are the left singular vectors of  $\mathbf{A}$ , the rows of  $\mathbf{V}^T$  are the right singular vectors of  $\mathbf{A}$ , and  $\mathbf{\Sigma} \in \mathbb{R}^{r \times r}$  is a diagonal matrix with  $\mathbf{\Sigma}_{i,i} = \sigma_i$  is the i-th singular value of  $\mathbf{\Sigma}$ 

- Recall, the singular values  $\{\sigma_i\}_{i\in[r]}$  are the square roots of the eigenvalues of  $\mathbf{D} = \mathbf{A}^T \mathbf{A}^T$ , i.e.  $\{\lambda_i(\mathbf{D})\}_{i\in[r]}$ .
- Note that  $\mathbf{U}^T\mathbf{U} = \mathbf{I}_r = \mathbf{V}\mathbf{V}^T$ , since  $\mathbf{U}$  and  $\mathbf{V}$  have orthogonal columns.

#### SINGULAR VALUE DECOMPOSITION

Quick reminder of the SVD:

# Theorem (SVD)

Let  $\mathbf{A} \in \mathbb{R}^{n \times d}$  be a rank  $r \leq \min\{n, d\}$  matrix. Then  $\mathbf{A}$  can be decomposed into  $\mathbf{A} = \mathbf{U} \mathbf{\Sigma} \mathbf{V}^T$ , where the columns of  $\mathbf{U} \in \mathbb{R}^{n \times r}$  are the left singular vectors of  $\mathbf{A}$ , the rows of  $\mathbf{V}^T$  are the right singular vectors of  $\mathbf{A}$ , and  $\mathbf{\Sigma} \in \mathbb{R}^{r \times r}$  is a diagonal matrix with  $\mathbf{\Sigma}_{i,i} = \sigma_i$  is the i-th singular value of  $\mathbf{\Sigma}$ 

- Recall, the singular values  $\{\sigma_i\}_{i\in[r]}$  are the square roots of the eigenvalues of  $\mathbf{D} = \mathbf{A}^T \mathbf{A}^T$ , i.e.  $\{\lambda_i(\mathbf{D})\}_{i\in[r]}$ .
- Note that  $\mathbf{U}^T\mathbf{U} = \mathbf{I}_r = \mathbf{V}\mathbf{V}^T$ , since  $\mathbf{U}$  and  $\mathbf{V}$  have orthogonal columns.
- Can compute the SVD in  $O(\min\{nd^2, dn^2\})$  time.

# PRECONDITIONING FOR LEAST-SQUARES REGRESSION

Given  $\mathbf{A} \in \mathbb{R}^{n \times d}$ , let  $\mathbf{V} \in \mathbb{R}^{n \times d}$  be any matrix with the same *column span* as  $\mathbf{A}$ . Then

$$\min_{x} \|\mathbf{A}x - b\|_2 = \min_{x} \|\mathbf{V}x - b\|_2$$

Can choose  ${\bf V}$  to be a well-conditioned matrix which spans the columns of  ${\bf A}$ 

- Can choose  $\mathbf{V} \in \mathbb{R}^{n \times d}$  to be the left singular vectors of  $\mathbf{A}$ .
- Singular vectors are orthogonal, so  $\mathbf{V}^T\mathbf{V} = \mathbf{I}_d$ .
- $\nabla^2 f(x) = 2\mathbf{V}^T \mathbf{V} = 2\mathbf{I}_d$ , thus  $\kappa = 1!$